

Relationships on Film

Lesson and Skills Overview

SEX AND RELATIONSHIPS CURRICULUM LINKS

21ST CENTURY SKILLS*

COURSE Lesson title	Characteristics of healthy relationships	Unhealthy relationship behaviours	Dealing with conflict	Setting and respecting boundaries	Communicating needs and wishes	Making decisions around sexual activity	Recognising and communicating consent	Managing sexual pressure	Factors that affect a person's ability to consent	Abuse in romantic and sexual relationships	Balance and imbalance of power in relationships	Coercive control	Relationships and the law	Speaking out against unacceptable behaviours	Where to find support	Working with others	Generating ideas	Thinking critically	Problem-solving and decision-making	Digital literacy	Managing information	Evaluating self and peers	Being creative	Making judgements
HEALTHY RELATIONSHIPS																								
Respect and Communication	✓				✓						✓					✓	✓	✓	✓	✓	✓	✓		✓
Conflict Resolution and Break-ups		✓	✓								✓					✓	✓	✓	✓	✓	✓	✓		✓
CONSENT																								
Boundaries and Consent		✓		✓		✓	✓	✓	✓		✓		✓	✓		✓	✓	✓	✓	✓	✓	✓		✓
COERCIVE CONTROL																								
Relationship Red Flags		✓		✓	✓	✓		✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
CALL IT OUT WITH FILMMAKING																								
Call It Out With Filmmaking	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓

*21st century skills aim to equip students for the challenges of tomorrow by going beyond curriculum knowledge to develop behaviours that promote collaboration, flexible thinking and resilience.